

July 2021

## Improving children & Young People's Mental Health Inpatient Settings

### Introduction

NHS England has set up a [taskforce](#) to look at improving mental health inpatient units for children and young people. They want to make sure that their inpatient services offer safe, high quality care, which is useful, and given at the right time.

During 2021 Common Room have been commissioned by NHS England to get the views of children and young people. We will be reaching out to children and young people across England who have lived experience as service users of CAMHS inpatient units. We want to hear about issues related to being an inpatient so that NHSE can learn from first-hand experiences.

### Who can take part?

We are looking to talk with young people aged 14-20 who have been an inpatient in CAMHS setting in the last two years.

### How will it work?

When young people [get in touch](#) with Common Room we will respond to them and find out how they want to get involved. We will be offering a range of sessions including group workshops and one-one-one interviews. We'll discuss individually with each young person about how they can get involved.

We will start by giving young people a chance to talk to us about more general topics such as what staff in inpatient settings should be trained in or how we can check the quality of the service available.

Following this some young people may then choose to have further conversations with us about specific experiences they had whilst staying as an inpatient.

All the young people who take part will be able to claim a payment as a thanks for spending their time giving feedback.

All involvement with Common Room is voluntary and young people can choose to stop talking to us at any time.

### Common Room Confidentiality Statement

Common Room North Ltd. (CRN) offers confidentiality to children, young people and adults that it works with both as service users, volunteers and staff. This means that we would not normally share information about you with anyone outside CRN, without your agreement. We will keep information about you in password protected files and delete these when you are no longer associated with our work.

There may however be times when we need to share information with external agencies about you This would be when we are concerned that you, or someone else, are in danger or at risk of significant harm.

Wherever possible we would try to discuss this with the you and gain your consent before giving out any information. However, if we are unable to do this or feel that telling them would increase the risk we may choose to do so without your consent.

### I'm a professional can I be involved?

If you are professional and want to find out more about how you can support this project please email [liz.neill@commonroom.uk.com](mailto:liz.neill@commonroom.uk.com)

You are welcome to share this brief sheet with any young people or families that you're working with or direct them to our [webpage](#)